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Letter

In Vivo Anticancer Activity of a Rhenium(I) Tricarbonyl Complex

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Supporting Information

ABSTRACT: The rhenium(I) complex fac-[Re(CO)₃(2,9-dimethyl-1,10phenanthroline)(OH₂)]⁺ (1) was previously shown to exhibit potent in vitro anticancer activity in a manner distinct from conventional platinum-based drugs (J. Am. Chem. Soc. 2017, 139, 14302-14314). In this study, we report further efforts to explore its aqueous speciation and antitumor activity. The cellular uptake of 1 was measured in A2780 and cisplatin-resistant A2780CP70 ovarian cancer cells by inductively coupled plasma mass spectrometry, revealing similar uptake efficiency in both cell lines. High accumulation in the mitochondria was observed, contradicting prior fluorescence microscopy studies. The luminescence of 1 is highly dependent on pH and coordination environment, making fluorescence microscopy somewhat unreliable for determining compound localization. The in vivo anticancer activity of 1 was evaluated in mice bearing patient-derived ovarian cancer tumor xenografts. These studies conclusively show that 1 is capable of inhibiting tumor growth, providing further credibility for the use of these compounds as anticancer agents.



KEYWORDS: Rhenium tricarbonyl, tumor growth inhibition, ovarian cancer, mice xenografts, metallodrug, histopathology

espite their widespread use for cancer treatment, the platinum-based drugs cisplatin and carboplatin suffer from several key limitations.¹ For example, these drugs induce toxic side effects and are susceptible to drug resistance.² The success of the platinum-based drugs, however, has sparked interest in developing new drug candidates containing metal centers. Complexes of gold,³ titanium,⁴ and ruthenium⁵ have been shown to exhibit anticancer activity via novel mechanisms of action. The promise of these alternative metal complexes is exemplified by the current clinical trials of the gold drug candidate, auranofin,⁶ and the ruthenium drug candidates, NAMI-A,7 NKP-1339,8 and TLD-1433.9 Recently, efforts in this area have expanded to compounds of other third row transition metals, such as rhenium, osmium, and iridium.¹⁰⁻¹⁴ Rhenium complexes, in particular, are rapidly gaining interest as anticancer agents because of their high stability, structural diversity, and rich spectroscopic properties.¹⁵ Many reports have demonstrated their promising in vitro anticancer activity, but few studied the potential efficacy of these complexes in vivo.¹⁶⁻²² Among the potential rhenium anticancer agents, compounds containing the stable rhenium(I) tricarbonyl core have been extensively explored for both imaging and therapeutic applications.^{23,24} Our lab has investigated many rhenium tricarbonyl complexes for anticancer activity,^{25,26} efforts that have led us to identify compound 1 (Chart 1) as a drug candidate that is more potent than cisplatin in HeLa cells.²⁷ This complex induces cell death in a manner distinct from cisplatin, resulting in a lack of cross-resistance between

Chart 1. Structure of Compound 1, a Potent Rhenium-based Anticancer Agent



these compounds. Additional in vivo biodistribution and metabolite studies confirmed compound stability and suggested renal and hepatobiliary excretion. Having established compound 1 as a practical drug candidate, we sought to investigate its aqueous speciation, subcellular localization, and in vivo anticancer activity to further understand the therapeutic potential of this class of rhenium complexes.

In order to evaluate potential intracellular targets, we investigated the cellular uptake and subcellular localization of 1 in both wild-type (A2780) and cisplatin-resistant (A2780CP70) ovarian cancer cells using inductively coupled plasma mass spectrometry (ICP-MS) (Table 1). Upon incubation with 1 (10 μ M, 24 h), the total cellular uptake amounted to 0.18 and 0.20 ng of rhenium per μ g of protein in

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Table 1. Cellular Fractionation Uptake Data for 1 Quantified Using $ICP-MS^{a}$

cell fraction	Re content in A2780 cells $(ng/\mu g \text{ protein})$	Re content in A2780CP70 cells (ng/ μ g protein)
whole cell	0.18 ± 0.03	0.20 ± 0.11
nuclei	0.21 ± 0.03	0.20 ± 0.17
mitochondria	1.49 ± 0.12	2.31 ± 1.76
a _{TT} 1.		

^{*a*}The errors represent the standard error from three independent experiments. Protein content was determined with bicinchoninic acid assays.

A2780 and A2780CP70 cells, respectively. Thus, compound 1 is taken up equally well in both of these cell lines. By contrast, cisplatin exhibits significantly diminished uptake in the A2780CP70 cells, a consequential feature of the cisplatinresistant phenotype of this cell line.²⁸ The cellular components were further fractionated to separate the nuclei and mitochondria. Analysis of these fractions reveals that a small, but detectable, quantity of rhenium is found in the nuclei. By contrast, a significant amount of rhenium is observed in the mitochondria, suggesting that 1 preferentially localizes to this organelle. Although mitochondria are common targets for rhenium complexes,^{10,29} this result contradicts our previous study in which we probed the intracellular localization of 1 by confocal fluorescence microscopy.²⁷ These microscopy data suggested that 1 induces cytoplasmic vacuolization and localizes primarily in the lysosomes. No significant luminescence signatures were detected in other organelles, including the nucleus and mitochondria, whereas the ICP-MS data indicates high levels of rhenium in the mitochondria. The inconsistency between the apparent mitochondrial uptake, determined by ICP-MS and microscopy, may arise from environmental sensitivity or luminescence speciation dependence of 1, rendering the detection capabilities of fluorescence microscopy for 1 unreliable. A similar discrepancy between ICP-MS and microscopy data has been observed for organometallic rhenium complexes conjugated to doxorubicin.^{30,31} These reports noted that fluorescence microscopy failed to detect these compounds in the nucleus because their emission is quenched upon DNA intercalation. Similarly, the luminescence properties of 1 may be affected by its speciation. Another study reports on a luminescent heteronuclear manganese-rhenium complex in situ.³² Despite the fact that this compound exhibited high cellular uptake, no luminescence signatures were observed in living cells, further demonstrating how the speciation of rhenium complexes can greatly alter its photophysical properties.

Because the axial water ligand of 1 is susceptible to deprotonation, we hypothesized that its luminescence is affected by its protonation state. Thus, the fluorescence microscopy studies may reflect the observation of 1 only in its bright state. Therefore, we determined the pK_a of the coordinated water by carrying out a UV-vis spectrophotometric titration (Figure S1a).³³ The pK_a value of the coordinated water of 1 was determined to be 8.3 (Figure S1b). Notably, this value is higher than that of [Re- $(CO)_3(OH_2)_3$]⁺, which has a pK_a of 7.5.³⁴ The higher pK_a of 1 in comparison to [Re $(CO)_3(OH_2)_3$]⁺ may be due to the increased electron donation of the diimine ligand relative to the water ligands, which decreases the electron-withdrawing effects of the rhenium center. Based on its pK_a of 8.3, compound 1 exists predominately as the aqua complex in

neutral/acidic regions of intracellular compartments. Under basic conditions, such as in the mitochondrial matrix (pH \approx (8.0)³⁵ compound 1 will also exist in the hydroxo form. To assess the influence of the protonation state on luminescence intensity of 1, we measured its emission spectrum at varying pH values (Figure S2). The luminescence intensity of 1 increases at lower pHs. These data may explain our previous results in which fluorescence microscopy showed high luminescence intensity of 1 in the acidic lysosomes (pH < 5.0).³⁶ At highly basic pH values (>10), the emission intensity of 1 is completely abrogated. This result suggests that the luminescence intensity of 1 should significantly diminish in the basic mitochondrial matrix. As such, the ICP-MS data, which indicate that 1 accumulates in the mitochondria, more accurately reflect its intracellular localization compared to the speciation-dependent fluorescence microscopy data. Because the axial water ligand is susceptible to substitution, we also considered the effects of competing biologically endogenous ligands on the luminescence intensity of 1. As a brief investigation to test this hypothesis, we incubated 1 with varying concentrations of inorganic phosphate, a biologically abundant ligand, which resulted in luminescence quenching (Figure S3). Collectively, these results highlight the challenges in interpreting microscopy data obtained from this class of rhenium compounds due to their speciation-dependent luminescence properties.

Having established that 1 enters both wild-type and cisplatin-resistant ovarian cancer cells equally as effective and accumulates in the mitochondria, we initiated our efforts to investigate its in vivo anticancer activity. In our previous study, we evaluated its biodistribution and metabolism in C57Bl6 mice.²⁷ These experiments revealed rapid renal and hepatic clearance, as reflected by the quantities of rhenium in the kidneys and liver that decreased over time. Analysis of blood and urine metabolites by HPLC-ICP-MS also revealed the presence of the intact aqua and chlorido forms of 1 after 30, 60, and 90 min. These data suggested that the complex has sufficient in vivo stability for use in antitumor studies.

To date, there are only two studies evaluating the in vivo anticancer activity of rhenium(I) tricarbonyl complexes. One is focused on the diselenoether compound of the formula $[Re(CO)_{3}(2,2'-(propane-1,3-diylbis(selanediyl))diacetate)]^{-}$ (**Re-diselenoether**),¹⁹ and the other study reports a β carboline derivative conjugated to a rhenium(I) tricarbonyl center, giving a complex with the formula $[Re(CO)_3(1 (quinolin-2-yl)-9H-pyrido[3,4-b]indole)(pyridine)]PF_6$ (**Re**carboline).²² Re-diselenoether showed promising in vivo anticancer activity in mice models bearing breast cancer xenografts. Treatment of mice with this drug candidate at 10 mg/kg twice weekly for 4 weeks resulted in complete eradication of tumors. Similarly, Re-carboline inhibited tumor volumes in mice bearing lung cancer xenografts by 60% compared to vehicle mice. These promising findings encouraged us to explore the in vivo antitumor activity of 1. We first determined the maximum tolerated dose (MTD) of 1 in ~7 week old NOD scid gamma (NSG) mice to determine an optimal dose for therapy studies. Animals were treated with 1 at 10, 20 40, 60, and 80 mg per kg mouse body weight (formulation: 85% aqueous dextrose (5% in water), 10% DMSO, 5% Kolliphor HS15) and observed for adverse clinical side effects over 24 h. Pretreatment body weights and posttreatment organ weights are presented in Table S1. When the mice were treated with 10, 20, or 40 mg/kg of 1, no adverse



Figure 1. (a) Body weights and (b) tumor volumes of mice during treatment period and (c) weights of tissues after euthanasia of animals treated with vehicle (blue) or compound 1 at 10 mg/kg (red), 20 mg/kg (green), or 40 mg/kg (purple).

side effects were detected. By contrast, mice treated with 60 mg/kg exhibited an initial negative reaction after which the animals recovered within 3 min. However, their coats were not well groomed, indicating that this dosage was not well tolerated. Furthermore, injection of 1 at 80 mg/kg resulted in animal death within 30 s for all mice treated at this dose. Based on these dose-escalation studies, we estimate that the MTD of 1 is 40 mg/kg in NSG mice. Notably, the MTD of cisplatin in a related mouse model is 6 mg/kg.³⁷ These data suggest that 1 may be less acutely toxic than cisplatin and may be viable as a therapeutic agent due to its better tolerability.

With the MTD of 1 determined, we next investigated its antitumor properties. Ovarian cancer patient-derived xenografts (PDX)38 were resected from propagation mice and implanted subcutaneously in the right flank of 20 mice. These mice were then separated into groups of five allotted to four separate treatment groups: vehicle (85% aqueous dextrose (5% in water), 10% DMSO, 5% Kolliphor HS15) and 10, 20, and 40 mg/kg of 1. After tumors reached over 100 mm³, mice were injected twice a week with the vehicle control or formulations of 1 via the tail vein, and their body weights and tumor volumes were monitored twice weekly for 31 days (Figures 1a,b). Notably, mice treated at all doses of 1 did not exhibit significant decreases in body weight relative to those receiving the vehicle control. This result suggests that 1 is minimally toxic over the duration of treatment. Furthermore, mice treated with 1 showed significant tumor growth inhibition relative to control animals, indicating that 1 is a potential antitumor agent that operates in vivo. Unexpectedly, no significant differences in the tumor growth were seen for the three administered doses of 1, which may suggest that a maximum biological effect is already observed at the lowest dose of 10 mg/kg. All three doses resulted in approximately 60% tumor growth inhibition with respect to the vehicletreated control. For comparison, when Re-diselenoether is administered at a dose of 10 mg/kg, it is able to give rise to complete tumor regression of a MDA-MB231 breast cancer orthotopic xenograft.¹⁹ However, Re-carboline is able to inhibit A549 lung cancer tumor xenograft volumes by 60% at a dosage of 5 mg/kg, an effect comparable to $1.^{22}$ The promising in vivo antitumor activities of 1, Re-diselenoether, and Recarboline demonstrate how this class of compounds is effective in treating certain forms of cancer.

After the treatment period was complete, mice were euthanized, and their kidneys, liver, spleen, heart, lungs, brain, and tumor were harvested and weighed (Figure 1c) prior to fixation with 10% formalin. There were no significant

differences in tissue weights between the four treatment groups, further demonstrating how 1 does not cause adverse side effects in major organs. Unexpectedly, the tumor weights among treated and untreated mice were identical within experimental error despite the fact that they were smaller in volume. In general, smaller tumors should weigh less than larger tumors. A possible explanation for this observation is that the treated tumors are denser than those from untreated mice. This explanation is consistent with histological analyses described in the following sections. Nonetheless, the growth inhibitory activity of 1 proves its efficacy as an antitumor drug candidate.

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Although no detrimental side effects were observed during the treatment period, accumulation of rhenium in organs could give rise to long-term toxic side effects. To evaluate organ uptake of 1, kidneys, liver, heart, lungs, brain, and tumor were extracted from the euthanized animals in the 10 mg/kg group, digested,^{39,40} and analyzed for rhenium content by ICP-MS (Table 2). These data reveal that the organs with the highest

Table 2. Rhenium Content in Tissues for Mice Treated with 10 mg/kg 1 after Euthanasia^a

	tissue				Pg	g Re/m	g tissue		
	kidneys					6.0 ±	0.1		
	liver					10.7 ±	0.6		
	heart					$2.4 \pm$	0.3		
	lungs					$2.3 \pm$	0.2		
	brain				0.84 ± 0.04				
	tumor				1.0 ± 0.3				
a					~				

^{*a*}The error represents the standard error from three different mice.

concentrations of rhenium were the kidneys and liver, consistent with our previous biodistribution studies in naïve C57Bl6 mice.²⁷ Moderate levels of rhenium were observed in the heart and lungs, and tissues with the lowest levels were the brain and tumor. We hypothesize that low rhenium accumulation in the brain may reflect the poor permeability of 1 through the blood—brain barrier. The lower levels of rhenium in tumors are somewhat surprising, given the tumor growth inhibitory activity of 1. This result suggests that 1 is inducing the desired antiproliferative effects in the tumor despite its relatively low uptake. Thus, improving the tumor-targeting capabilities of these compounds should drastically improve their observed biological activity.

Although previous reports demonstrated the promising properties of rhenium complexes, none investigated the histopathological effects on major tissues. The levels of



Figure 2. H&E stained slides of tumors harvested from mice treated with vehicle or 1 (10, 20, and 40 mg/kg). Red arrows indicate regions of necrosis.

rhenium accumulation within some of these organs may suggest that compound 1 induces long-term toxic effects. To evaluate this possibility, we explored if 1 induces tissue damage or morphological changes in these organs. The extent of tissue damage in these organs was determined by staining with hematoxylin and eosin (H&E) and analysis by microscopy (Figures 2 and S4–S7).^{41,42} Examination of the liver, heart, and brain revealed no obvious tissue damage in mice treated with 1 compared to control tissues. The tumor sections, however, showed clear evidence for irreversible tissue damage, as reflected by varying degrees of necrosis in the samples analyzed. The vehicle-treated tumor exhibits 40% necrotic tissue, whereas the tumors from mice treated with 10, 20, and 40 mg/kg of 1 exhibit 25%, 10%, and less than 5% necrotic tissue, respectively (Figure 2, Table S2). This unexpected trend of decreasing necrosis with higher doses may arise from the ability of 1 to inhibit cell growth rather than kill cells in vivo. Rapidly growing tumors lack sufficient blood supply, depriving them of nutrients, and become hypoxic, resulting in extensive necrotic cell death in the tumor core.⁴³ Thus, we hypothesize that the tumor growth inhibition induced by 1 aided in preventing the formation of necrotic tissue. Additionally, these necrotic regions exhibit less staining by H&E than healthy regions, illustrating less densely packed cells. Thus, the discrepancy between tumor volumes and tumor weights can be explained by the differing amounts of necrotic tissue within these specimens. Despite low rhenium content in tumors, these results confirm that 1 alters tumor morphology. Furthermore, 1 does not cause significant morphological changes in the major organs of mice, which may indicate that 1 is well tolerated.

In conclusion, we have described the cellular uptake and in vivo antitumor properties of compound **1**, a previously studied rhenium(I) tricarbonyl complex shown to possess promising in vitro anticancer activity. These studies indicate that **1** accumulates preferentially in mitochondria over the nuclei and also exhibits favorable in vivo antitumor activity with limited discernible side effects. This study is only the seventh time that the in vivo antitumor activity of rhenium compound has been reported.^{17–22} The promising antitumor activity of **1** further supports the continued investigation of new drug candidates of rhenium. Ongoing research in our lab is focused on exploring the biological mechanisms of action of this promising class of anticancer agents.

ASSOCIATED CONTENT

S Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsmedchem-lett.9b00128.

Physical measurements of the rhenium complex including spectrophotometric titrations and emission spectra. Biological studies including cellular uptake, MTD studies, tumor growth inhibition, and ex vivo tissue processing (PDF)

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Author Contributions

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Notes

The authors declare no competing financial interest.

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ABBREVIATIONS

ICP-MS, inductively coupled plasma mass spectrometry; MTD, maximum tolerated dose; NSG, NOD scid gamma; PDX, patient-derived xenograft; H&E, hematoxylin and eosin

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NOTE ADDED IN PROOF

Prior to acceptance of this manuscript, another study describing the in vivo anticancer activity of two rhenium(I) tricarbonyl complexes was published.⁴⁴ This manuscript demonstrates the in vivo anticancer activity of two distinct rhenium compounds in mice implanted with HeLa xenografts. At an administered dose of 5 mg/kg, these compounds inhibit tumor growth by approximately 50%. Furthermore, histopathology was carried out, showing no significant pathological changes in tissue morphology. These results are broadly consistent with those reported here, providing further support for the promise of rhenium-based drug candidates.